

Polyenergetic Life Coach & Facilitator Chakradance

for awareness, healing & growth
Alexandra Langeveld



Energy - treatment 'COME IN YOUR STRENGTH'

Foot/chakra treatment with essential oil including Reiki

The treatment consist of 3 parts.

Spiritual aromatherapy

Is part of aromatherapy that not on the physical but on the energetic part of the body is addressed, the invisible, the subconscious, the spirit, the soul, the energy. it is no longer about the physical properties of the essential oils but to the energetic properties.

Everything is made up of vibrating energy, energy from borrowing from a particular frequency. At spiritual aromatherapy is there worked with particularly minute amounts of essential oil. The more essential oils you use how lichamelijkere the scope.

Purpose of foot massage

Balance the chakra system via the foot to the body. the right is the yang, is rational side. on the left is the Yin, the sensitive side. can the Kundalini energy By blockages to process again flow freely and that promoted the overall sense of well-being.

1. Foot bath

A delicious foot bath with a scoop of clay and/ or Himalayan salt and added essence of your choice/needed. This causes tensions and any energy blockages removed. At dry feet can base oil be added

2. Foot massage

The feet are massaged with a massage oil with added some drops of essence of your choice/needed, or to a separate selection for each chakra essence

3. Body

The treatment is sitting up. The energy treatment is especially so valuable, that growth by the changed consciousness of the people in this time, other needs with regard to healing. This treatment gives relaxation, brings harmony in the body and physical complaints get extra attention. There may be an additional essence used.

This essence you can use yourself at home for a good result!

Cost energy treatment (including foot bath, foot massage + bottle of oil-10 ml)

€ 35,00 for 75 minutes incl. 1 essence foot bath + 1 essence massage + bottle oil a 10 ml)

€ 45,00 for 90 minutes incl. 1 essence foot bath + 7 essences massage + bottle oil a 10 ml)

Suitable as a workshop at your home or other location ! minimum 4 persons € 25,00 p.p.

Of course nice to gift !