

# COME IN YOUR STRENGTH -

## With unique and pure natural fragrance frequencies



**It is now known that fragrances have a positive effect on the body.**

Essential oils are also called aromatic or essential oil.

- \* **Ethereal** because they are volatile;
- \* **Aromatic** because they smelt;
- \* **Essential** because they are the essential ingredient of a plant forms.

De Groene Linde is a family company that specializes in developing fragrances with pure essential oils, which have their unique energetic frequencies. These frequencies have a positive effect on the emotional, spiritual and energetic level of the human body. The essential oils supports and enhances the body's natural healing power. We exclusively work with high quality, 100% pure and natural essential oils from which the extraction doesn't harm humans, animals and nature.

### Products

\* **essential oil**   \* **Auraspray**   \* **Roll on**   \* **Personalized massage oil**

### Working with essential oils

Essential oils can be processed in different ways:

- In aroma lamps or electric oil burners (5 to 8 drops)
- In massage oils (10 drops in every 50ml massage oil)
- A footbath is particularly effective (Himalaya salt and 5 drops)
- \* Hands 1 or 2 drops in the hands, keep hands in face and take deep breath
- \* Tissue/cotton pad: put a drop of oil on the chakra (on/in addition to pillow)
- \* Pocket / mini bottle, pendant, stone: smell to the bottle, or Pebble pendant when you need it

### Working with aurasprays

The aurasprays have a great effect on the energetic human body. Spray your chosen frequency around you with your eyes closed. Let the mist descend and be aware what happens to you. You can repeat this as much as you like. You can also use the aurasprays as a roomspray to energetically clean your environment.

### Working with the roll on

The roll on is a product for on the go. The roller contains Jojoba oil combined with a unique frequency of essential oils. Put the roller on to your wrists and on the back of your head (in the dimple). Also an effective place to put the roller, is on the bottom of your feet.

**Warning. These products do not replace medicine and treatments that are given by a doctor or physician. The information that is given is no diagnosis and in case of doubt, always consult a doctor for advice. You are working with products that are very concentrated, so you will only have to use a little for effective use. Be sure not to put essential oil in your eyes or mucous membrane and do not use the oil on your skin undiluted. Be aware of any allergic reactions.**

## Transformation essence for the 7 chakras

A vibration enhancing essence that helps you to transform your life! This time asks of people a huge energy increase. This causes complaints that do not directly have an apparent cause such as lethargy, tired and harder to sleep. This line is specially developed to support this process. Jammed structures are on energetic level well reflected. With the vibration of these essences you can quickly and effectively losing the blockages and entanglements that arise in the chakras. Your energy can flow again and your creative ability will increase. The life you can back fill out without obstacles that have arisen in our "old" time.

### What essence is the best?

- \* Smell and wait for the response. Shows a certain smell tasty, often this is not the oil where you just need.
- \* commute. Let the subconscious mind through your Shuttle choose.
- \* Touch for health.
- \* choose on feeling, first impulses are often the right.

## Transformation essence for the 7 chakra's:

**Base-Chakra** = basic; The right to be there! (right to have, safety etc.)

This Center connects us with the physical world, with vital energy, determination, concentration, self enforcement, security, the creative

Color: Red

Place: between the anus and genitals, connected to coccyx, opens down

Keywords: life force, sleep, unconsciousness, the physical desire for the existence of emotion: fear

**Compositions:** mother earth, Incarnation essence, life path essence, Kundalini, Natal, Red

**Sacral-chakra** = sacrum = movement and emotions; The right to feel! (also sexuality) the center of authentic, unfiltered emotions, sexual energy, creative power

Color: Orange

Place: On the upper part of the sacrum

Keywords: Desire, jealousy, lust, present and future, reproduction Emotion: uncertainty, shame

**Compositions:** Dolphins oil, inner child, Coexistence oil various possibilities, Orange

**Solar plexus- Chakra** = willpower; The right to act! (power, growth, continue) conversion of the grofstoffelijke in the fine-matter, physical and mental score, closely associated with feelings and mood

Color: yellow

Place: two fingers above the belly button; forward opens up

Key words: power, ambition, conquest, design at the existence emotion: Anger, guilt

**Compositions:** Angel Jophiel, Michaël, protection, cords oil, yellow

**Heart-chakra** = love/love and being loved! (relationships, with yourself, family, partner)

is the centre point of the 7 chakras, understand, ' core ' of the heart, pure comprehensive love

Color: Green - Place: In the middle of the breastbone, opens forward

Key words: love, Association, existence, surrender to the Emotion flow together: love Chamuël, Sandolpon, Own

**Compositions:** love, Zadkiël, Maria Magdalena, cords oil, Green

**Throat-chakra** = communication and creativity; The right to speak the truth and hear!

Center of the human expression ability, of the word, Division of creative energy

Color: light blue - Place: between neck dimple and larynx, up front, open forward

Keywords: expression, sophistication resonance, the pronunciation exist emotion: sadness, Lie

**Compositions:** Talkative, Angel Uriel, Gabriel, Sandalphon, cords oil, blue

**Third eye -chakra** = Forehead chakra = see; The right to see! (the big picture, overview, reflections, world etc.)

Color: Indigo - Place: one finger width above the nose root, in the middle of the forehead

Keywords: spiritual experience, happiness, unity, understanding of existence and intuition emotion: Dreamy, illusion

**Compositions:** Angel Raziël, intuition essence, Violet, Whale, Unicorn

**Crown-chakra** = know; The right to know! (share knowledge, dingend do for better world)

Color: Violet - Place: In the middle on top of the head; opens up to above

Keywords: Cosmic unity, divine inspiration, pure, cosmic energy for existence emotion: seventh heaven, attachment

**Compositions:** Christ light, Kundalini, Jeremiël, white, silver, gold and Crystal line

## KUNDALINI

Kundalini energy can flow freely again! As the Kundalini energy flows no more gradually but as a kind of fountain above the crown chakra sprays you can end up in a spiritual crisis. You are then no longer in your physical body and you're not more grounded. This essence helps you get back in your body and better grounded to get rid. Fix, by emotional events, can be supported with this essence.

## ROLLERS (roll-on) voor chakra's en aura, protection, confidence and rest / peace

**AURA PROTECT / Aura protection and rust** protect yourself from energies and influences from outside!

Also the leakage of energy is gone. Bring the roll-on on the inside of the wrists or on the edge of the skull, in the hole (the medula). You will experience that your energy more compact to the touch and is quieter than you. Very effective and fine! Also great for children who come from Haley school, by being open to the energies of the classmates. Give them, so they can make the roller as needed on the wrist.

**BREATH / fresh air - headaches**

a wonderful refreshing oil provided by the menthol scent for different discomforts can be used. Are you have a cold or have your headache role the oil on your sleep.

(note that it is not in your eyes!) Also fine is it to the roller to roll in your hands and then love your hands in front of your face. Then breath deeply. The oil will refresh your head and respiratory.

Tip! Take this roller with it if you are going to make a long car ride, this also increases alertness and concentration!

**CLEAR 5 / Throat chakra** specifically suitable for problems in the neck region reflects its imbalance of throat chakra.

The Roll on is ready to use on the throat chakra, to the front but also at the back!

In case of problems such as: "-chronic little frog in the throat, hawking etc.

- feel of a pinched in the neck area, throat-neck pain

- Engorgement you often see a throbbing throat/neck".

All these complaints can have an origin to an energetic imbalance of the throat chakra. the roller gives a wonderfully refreshing and spatial feeling in the neck area! A must!

**CONFIDENCE / Self-Confidence or self esteem** is supported by these compositions.

It makes you stronger and you feel safe. Suitable for anyone who has to lack self-confidence, during moments of achievement or for daily life. Lack of self-confidence you can away from your potential. Develop more self confidence and make all your dreams come true! A super roller for all those kids and adults who feel insecure and pull themselves back because they have low self-esteem. Also a great TOOL to get you when keys have to be made.

**EARTH / (1e chakra)** grounding and and right to exist the highly rated essence mother earth is processed.

This product can be rolled on the soles for the optimum result. On the wrists gives just as much effect and in the knee cavities is also a very good way. A great product for children who are restless and by poor grounding can concentrate. By the need to carry and Roll on to on the wrists to roll will the child pieces and can better concentrate during school time!

**PLEXUS PROTECT / Solar plexus (3rd chakra)** to yourself and rest mainly meant to the plexus solaris or the solar plexus the close. By too much energy leakage can open solar plexus, that will make you feel tired.

But you can also get the feeling that the world on your ' inbeukt '. A fine roller for use with restless sleep and dreams and nightmares. You can apply this product directly on the solar plexus. (at the belly button)!

**RELAX / Heart (4rd chakra)** takes fear away, relaxes, makes patient and kind. lovely to relax and to get a calm and relaxed heart chakra. Takes fear away and the pleasant scent will let you relax and dream away.

You can apply on the heart chakra but also on the wrists. Also fine: roll the roller in your hands and then love your hands at your face. Breathe deep and enjoy this fine fragrance. Tip: on a journey a delicious refreshment.

Brings patience and makes friendly. What your employment you get back!!

**The rollers are easy to use.**

Use the roller on the wrist, in the back of the neck or at the place of the chakra.

It is also possible to order a personalized roller.

The essential oil that applies to you is then composed in one roller.

## Spirituele regulation - essence

**BESCHERMING / Protection** Protection against all kind of negative energies.

Suitable for people who are aware to energies from people or environments. This oil will help you to shut off for these energies to make you feel tired or busy. Also helps to concentrate.

**EIGENLIEFDE / SELFLOVE** Not loving yourself makes you vulnerable.

You are inclined to search for love outside yourself and to make other people responsible for your happiness. This oil will help you to develop the ability to love yourself.

**ENTITEITEN / ENTITIES**

Disconnect yourself from entities and other negative energies and send them away! Energies from others can attach to your energetic body. These energies can influence you unconsciously in many ways. This oil helps to release negative energies and it will protect you in the future.

**FAALANGST / ANXIETY**

Anxiety to perform happens a lot during tests. This is a well known fact. But anxiety to perform happens a lot more often unconsciously. It causes you to be passive, you won't take on new challenges because you will be scared to fail. This oil will help you to grow and make the best out of yourself.

**BALANS / BALANCE**

Balance in duality.

Balance between the two hemispheres and balance between thinking and heart. We run are often stuck because there is imbalance between the feeling and the ratio. Where do you listen to? The feeling would be the guiding principle should be to reveal the path of life. Often is the head do not agree. What about you? you need to learn, but also take it. During moments of meditation or just reflection you can use this essence. But make it a delicious bath oil or massage oil. Balance in your life gives balance.

**INCARNATIE / INCARNATION**

Many people are not well incarnated.

A subtle feeling of homesickness and a feeling that everything in life challenges you are common complaints people have. It makes difficult to make the best out of your life. Many little thoughts occur without being executed. This oil will help you to incarnate well, and to make you feel at home at this earth.

**INTUITIE / INTUITION**

This oil will help you to trust your inner knowledge.

Listening to your inner knowledge and let it decide in stead of your analytical side.

**KRACHT / POWER**

To give power to do what ever you want.

Gives decisiveness and the power to go for it. You can be afraid but you are not afraid, your dream is not big enough!

**LOSLATEN / LETTING GO**

Easier said than done. Letting go requires confidence.

This oil will help you to let go of things you don't need. It gives you insight and confidence and let's you create space for new experiences.

**TRANSFORMATIE / TRANSFORMATION**

Especially for people who use can support the transformation process to go through. It's fast, that's a fact! With all the complaints that this entails. Fatigue, poor sleep or wake up in the middle of the night are small examples. At many people follow events in rapidly becoming each other. this essence helps the big jump in the energetic vibration line of the Earth to undergo.

**VEILIGHEID / SECURITY**

Feeling secure in your life is something that's not for everyone.

There are a number of reasons the base security is gone. To help rebuild this safety again you can use this essence.

**ZELFVERTROUWEN / CONFIDENCE**

This oil will support the process for you to rebuild your confidence and trust.

Suitable for children (and adults) who find it difficult to develop yourself in a positive way.

**MOEDER AARDE / MOTHER EARTH**

Help you to be well-grounded.

Life can feel like a hopeless battle, caused by an unbalanced state of mind. When well-grounded, you will reach your base. Daily life with its challenges will be easier to manage. Poor sleeping is often caused by an unbalanced basis. Mother earth is very effective for restless and busy children and adults. Your energy comes good again by the grounding properties in your body. Mother Earth brings relaxation and a peaceful feeling.

Mother Earth oil will help you to restore the connection with the Earth. Many people lost contact with themselves and are not well grounded. This groundless can express themselves in a variety of ways.

\* You can feel unsafe and uneasy.

\* do you experience fears?

\* Energy stagnated, not well drained, leads to headaches, not focus properly/learn and forgetful.

\* If you can't add those things form to specify where your desires.

\* If you often have to contend with money problems or with other basic needs such as jobs and housing.

\* all kinds of physical complaints that are related to the first chakra.

\* sleep problems

\* live too much in your head?

\* are you a dreamer or a thinker?

Do you feel at the end of the day, exhausted and empty, mother earth will strengthen you energy. mother earth is a good choice to use in many situations. Also at restless sleep or very light sleeping can this oil help. Your energy comes good again by the grounding properties in your body.

Mother Earth brings relaxation and a peaceful feeling.

## Angel essences

The angels essences are little miracles in a bottle!

These oils are high in vibrational State and will help you along with the Angel on the challenges of life to enter. Feel free to make use of Angels cards ed. Meditate together with the respective Angel, burn a candle and evaporate the oil in a burner in space. By the oil continues to carry with you your energy recall and the Angel continues to stand beside you and will guide you through the period of challenges. These essences are also good to combine in a roller!

**AARTSENGEL CHAMUEL** With your help I learn to love unconditionally.

Chamuel is the keeper of the third light beam that has a pink colour which stands for love and tenderness. He will help you to love yourself. Chamuel is the patron of partnerships, both life partner as other interpersonal relations. He teaches us to surrender and to allow people to get close to us.

**AARTSENGEL GABRIEL** Whith your help I come in motion!

Gabriel is the keeper of the fourth beam, which colour is crystal white. This colour stands for purification and truth. Ask Gabriel for help if you are repeatedly stuck in the same patterns. He helps you to find which decisions to take and to rebalance karma and interpersonal problems. He shines his light on your blind spots.

**ENGEL JEREMIEL** Transformation! Jeremiel helps you to make positive changes in your live.

When you are getting over emotions, to forgive and a good overview so you can see what you have to change. He will give you courage!

**AARTSENGEL JOPHIEL** Whit your help, I will reach my inner wisdom.

Jophiel helps us to acces our inner wisdom and our inner knowledge. He is the herd of the second light beam which colour is yellow/gold. This warm colour of Jophiel helps you with nervosity and winter depressions. He will make us realize that we also elements are permitted to stand in the light! He strengthens us in our mental and spiritual maturation process. Also if you find yourself in rigid opinions, convictions and anxiety is stuck rusted. Of course the observe is one thing, but solving is another. Whether Jophiel you want help to let go and give you the confidence that you like these destructive and holding back feelings don't need. A free spirit and tranquility in emotions are also your right.

**AARTSENGEL METATRON** Whit your help I will fullfill my life plan. Metatron is the "King of Angels".

With his help we will find our path of life. Metatron is the keeper of the white gold light that stands for transparency and transcendence. Gold light indicates total change. He helps us with transforming our personal life plan. If you want something very intensive and desire continues to harass you then that is a sign, a part of your life plan is your awareness. This will be if you really want to, with help from the universe, be achieved. Often this comes with difficult tasks and difficult learning points. Often go only after years of trials and exercise in wish fulfillment. But what is intended for us...

**AARTSENGEL MICHAEL** With your help I will be protected.

Michael is the keeper of the first light beam, his colour is blue. Blue is the colour of tranquillity, peace and security. He helps us let go of all the emotions and attagments you don't longer need. He is the light if we are uncertain and anxious. He pulls it good and that what you do not need to situations you pull down he holds at Bay. The Archangel Michael told you that you need to focus not just on your mind but that you also you can trust your instincts. Your intuition is the guiding principle of your life, only your intuition brings you to your life path. Archangel Michael is also a great help in terminal care.

**ENGEL RAGUEL** Stands for „Harmony". Raquel can help you with healing and bring harmony in your relationships. In the relationship with yourself, the divine source or with other people. Raquel you can ask for the relationship with yourself and with God or the Source to heal and/or improve.

**AARTSENGEL RAPHAEL** With your help I can heal!

Raphael is keeper of the fifth light beam and it's colour is emerald green. This colour stands for healing, spiritual re-birth, compassion and harmony. Raphael brings balance in everything that is damaged. He helps us to find ourselves on every level of existence. This oil is very good voor healing sessions.

**ENGEL RAZIEL** Raziel helps you to let go of fear and emotions that have their origen in past lives.

Stands for spiritual growth. Raziël helps in spiritual growth. Helps spiritual and mental blocks to break. Also a very good essence to use regression and reincarnation therapy and dreams indicate.

**ENGEL SANDALPHON** Sandalphon gives you joy and laughter. He is the guardian of the musician and people who make art. Is gladness and gaiety to look far, Sandalphon is enlisted to enjoy along with him by a happy mood.

**AARTSENGEL URIEL** Uriel is the keeper of the red beam and he will give you the spirit to go for it. He gives you inspiration and makes fear for failure disappear. He gives you strength. The colour represents activity and decisiveness, pioneering spirit, passion and energy. The gold represented the joy of life and optimism. Uriel gives you the feeling of gratitude and a positive attitude to life. With a positive attitude to life, we can create what we have taken.

**AARTSENGEL ZADKIEL** With your help I can forgive and free myself! Zadkiel is the herald of the seventh light beam and its colour is violet. This colour stands for change and transformation. Zadkiel is our support during great changes, like separation of our life partner by death or divorce. He unties us from the energy from our past. Be prepared for a new beginning. Good to combine for angry tantrums, anxiety and uncertainty.

**ENGEL ARIEL** Stands for "welfare" She provides physical assistance in the form of money, home and food. Also, this calling Angel for healing in animals.

**CIRCLE OF ANGELS** With your help I will endure! An unforgettable experience, all angels in one spray or essences. Spray around you with your eyes closed or smell of the essence and feel how the wings of the angels protect you and give you a flow of unconditional love. The essence of all the angels of angels line together. A delicious sensation!

**ENGEL AZRAEL** Stands for "consolation" Azrael brings deceased people to the light and gives comfort to the families. Therefore this Angel also called the Angel of death. Also at the processing of other loss, such as loss of job or partner by divorce.

**ENGEL HANIEL** Haniel Angel stands for "feminine energy" Haniel is the Angel invocation by women who during their menstruation or menopause need support. Also a good oil to develop clairvoyance.

## ASCENDED MASTERS

### LORD SAINT GERMAIN

Lord Saint Germain is the guardian of the Silver violet flame. This flame is used to burn away all the taxes and negative energy. As a result, we can be schooled and enjoy our lives without negative obstacles. Visualize a violet flame and let it quietly through your aura and body move. Any blockage that you no longer need ask you to Lord St Germain or the want to delete this block. See and feel how this happens. Breathe deeply in and out several times. Put a few drops in your hands and give a treatment in your own way. Burn in your living area or practice will provide a clean and bright atmosphere. Good for therapists.

### CHRISTUS LICHT

A delicious light and spicy fragrance. The atmosphere of your surroundings will be stunning. Highly recommended! This great therapeutic composition allows you to remember that we all originate from that one source. By all sorts of circumstances, you have lost that connection and forget and make you feel displaced and aware of your own Word only. Christ light and feel how wonderful it is to be me again in connection the place where you belong! Ideal to use during healing and light work. Meditation or just in your living environment.

### ISIS

ISIS had a protective role. She had magic spells for those in need. ISIS was the wife of Osiris, which they revived from the dead thanks to its magic power and the mother of Horus, she protected her motherly. They represented the son against the conspiracies of Seth, so he could climb the rightful throne. They represent the feminine, the intuition, the power of intention and creation.

This wonderful scent is very good to wear as perfume. The energy and the smell will underline and bring out his wife in you.

## Healing colors - essence and spray

The healing colors can be used during the light wreath healing.

### **DE HEALING COLOR ROOD** "The first dimension-the color Red-Circle the shape"

Red: life energy, decisiveness, Focus, energy to the souls command, for yourself and your own value. suitable for people who want to take fate into their own hands and no longer want to be guided by fear.

The Red energy causes you well in your grounding and because of this, you can connect with your Soul mission. Gives you focus to your life path to prosecute without you is held by negative energy. Red is also suitable for children who are frustrated and aggressive Express

### **DE HEALING COLOR ORANJE** "The colour orange-the form the Icosahedron

Orange: emotions, creation, sexual energy, warmth and sense of connection.

For people, especially women who have a ' cold ' abdominal zone. The energy of the 2nd chakra is often blocked making it difficult to put yourself down. A blocked 2nd chakra has often also physical symptoms such as menstrual problems, back problems, bladder problems. The smell is warming and comforting and inspires confidence. The feeling of loneliness can be transformed.

### **DE HEALING COLOR GEEL** "The third dimension-the color yellow Octahedron-the shape-Note (E)"

Yellow: Joy, vibrancy, warmth, cheerfulness, Flourish, wisdom for energies that dark and chilly when liveliness is amazed by concerns and more negative experiences. In order to gain strength after a period of illness and to raise the energy level to high. In people who are fearful and children who suffer from strains of, for example, feuding parents or expectations at school. Gives a hot shower of sunshine and a quiet sense of happiness.

### **DE HEALING COLOR GROEN** "The fourth dimension-the color Green-form star, Tetrahedron-Nut F

Green: Healing, regeneration, Equilibrium, balance, security, Strengthened the flow life energy.

Green is deep and grounding. To you from the core of his to recognition, which ensures that I get out of balance? Supported a recovery period after imbalance. "Turn your back on the Green Ray ' and provides the balance sheet, in your body, your mind and your energy system. a wonderful scent that you can evaporate in an environment where balance is needed.

### **HEALING COLOR BLAUW** "The fifth dimension-the color Blue-the shape cube"

Blue stands for: peace, protection, inner peace, willpower and courage. Creativity and the urge to create.

Blue, has connection with the Archangel Michael. She bestows courage and willpower to to stand up for your self and from yourself to create your life. This brings you to your true potential. This is the way to happiness and full of life.

This Healing color is suitable for people who do not know exactly what they want and can.

The Healing color Balauw connects to the 5th dimension, the atmosphere where the higher self can enter into shampoo etc. with the angels and guides. Insights can until you come and the guides and Angels give you appropriate advice. for example, a delicious essence to evaporate in a yoga school.

### **DE HEALING COLOR VIOLET** "The seventh dimension-the color Violet-the form Dodacahedron"

Violet: transformation, solving blockages, constraints, and Karma. Violet stands for liberation. here we find the highest expression of love. A beautiful essence to be shown during a healing. Support from others in the process of growth and self consciousness. During meditation and reflection a wonderful oil to evaporate!

### **DE HEALING COLOR ROZE** "Pink represents love.

"Unconditional love, surrender, private security, compassion, love, understanding and mercy. can mainly be used for sessions that have to do with separation and bereavement. Also supporting people with poor self-esteem and thereby no love for themselves can muster. Also if you love and the good things of life can not receive. By using Pink that trauma on a mild way come loose. This can be associated with a stream of tears, but that's OK. After processing life-will have another charge that goes with lightness and gaiety / glee.

### **DE HEALING COLOR ZILVER** "The eleventh dimension-the color Silver "the Galactic Center/cosmic mother

Silver: the female principle, protection, grace, recognize what lies hidden behind the apparent reality. From the linker-brein experienced, it is hard to capture in words. silver is soft and feminine and is therefore important for those who want to come to full fruition the feminine energy. The concept of birth and death, the always main cycles. Everything that happens in your life's goal is to grow your soul. silver is to individuals who remain stuck in their ' victim '. Forgiveness of others and yourself!

A fantastic essence with a delicious soft warm scent, a must have for any therapist!

## **HEALING COLOR GOUD** "The Golden Ray is the key to the era of light. "

Gold: the male principle, splendor, wealth, fullness and success. the key to the era of light. Raising consciousness and maturity come from the Earth. Based on harmony and love, understanding of how to create in integrity, purity and without fear to use at the end of a good energetic healing. The golden glow acts on the aura and the being of the person being treated. Also delicious to evaporate during a session or just in your living room"

## **DE HEALING COLOR WIT** "The seventh dimension-the color white "

White: purification, brightness, liberation, Foresight, knowledge.

Debugging in the largest sense of the word, of spaces and a wonderful energy and scent to own areas. a healing to start with. The day out of the energy away to iron out! and fine and refreshing scent that you can evaporate in your practice.

## **SPRAYS - for inner silence and energetic cleaning**

### **BOUDHA OLIE / spray /Come in your core, make a connection, rust, stable and quiet.**

Boedhha stands for a lifestyle. "Live from the heart" Bergamot FCF, Rosemary, lavender, Spikenard, Chempaka, Angelica this oil is very grounding but at the same time bound with all there is to it. You find yourself in your core and that the energy around you, pulls you back to your aura. You feel very calm and stable and quiet. In silence and to great insights that help you to live your life in such a way where your soul has chosen. the scent is warm, spicy and delicious to burn or spray in a practice or an area where Yoga is given.

Spray the Buddha over you, come in your core and is quiet. You'll stillness experienced ... **DELICIOUS!**

### **CLEAN ENERGY spray / energetic cleaning "Must have"**

Burden of picking up negative energy of your surroundings is redeemed by one spray of Clear energy. A few times spray is effective for cleaning of the living environment, Office or practice, very easy.

The room smells lovely fresh and clean is heavy and/or negative energy. The feeling that the smell is really exciting happens. By adding mountain pine ingredients, which strongly cleansing on the energy acts, this spray a well-deserved "sigh of relief". Test! Let a person go and be aware of his body, how he feels and let the eyes closed. Spray 1 x before and 1 x behind the head and above. It gives a feeling of space. A violent reaction may be that a person is going to spin around. The energy is then "framed again!

## **VARIOUS - essence and spray**

### **ABUNDANCE** Abundance means abundance.

Enabling of abundance in the broadest sense of the word is not for everyone, of course.

But with the right intention can you everything you need to draw to you. I always say "Breathe, Believe, Receive, it's all happening"!

Sit down and see for your eyes what you like, start with attainable things, so no ship full of money! Feel in yourself what it would be like if you've reached that what you want. If you can see this and feel you might have a dialogue in yourself hear coming on. Listen to but go there not in join ... breath than deep in and out and spray the spray with closed eyes over you and stay with the image what you want to have and feel how it feels if you would have. Am now open to receive it! Many creation fun!!

### **KOORDENOLIE / CORDS**

We are all connected with energetic connections. These energetic connections are all supplied by energy. It often occurs that a connection arises with obstructive implications. With help of the cords oil or spray you can choose to effectively break these obstructive connections. A few drops on the hands do during a session gives extra strength and let the client much loose / letting go.

### **ELEKTRO-STRESS OLIE** developed to provide protection against all kinds of electro-stress factors.

Think of radiation from a MOBILE PHONE but also of the home phone, TV, alarm clock, Wifi, cell towers etc. are you also exhausted if you too long sits in front of a computer? Restless sleep? Poor concentration? Your child super busy because they work with a IWB in school? A restless indefinable feeling? Even vague complaints where no physical cause for it is can be caused by electro-stress. the oil is specifically designed to clean yourself and protect it from this radiation. **How can you use?**

Do a drop on your hands and rub this for example through your hair. place a cotton pad + few drops down to place where much radiation is. E.g. In addition to computer if you are going to work. Tired by electro-stress? ... Please a footbath with Himalaya salt and 2 to 5 drops of electro-stress. create salt jar of Himalayan salt, with black tourmaline, rock crystal. Set this to a relevant place and drop there to need 2 to 4 drops of electro-stress on. with measurement by means of the Bio-tensor showed that the effectiveness of the oil was increased by almost 1500%



## Mrs Menopause

By hormone swings by the transition or PMS complaints. ' for all menopausal women who sleep by different hormonal fluctuations cannot conceive. This delicious and comforting scent of Geranium, jasmine, grapefruit and Chamomile will help you to relax and sleep and staying asleep.

## Essential oil, massage oil - combinations with massage oil etc.

**SESAME-OIL** Latin name: Sesamum indicuLand of origin: Africa Mining: RF

Is used primarily at detoxifying massages, the skin gives the toxic slag and the oil ensures that the energy flow of the body recovered. By heating the oil double boiler are proteins and harmful enzymes destroyed. The oil is very fluid, well absorbed by the skin and leaves no oily layer behind.

Good for an aging skin, a skin that bad by **blood** and dry and chapped skin. TIP: heat some sesame oil and add a few drops of mother earth essential oil. Before going to your feet and lower legs mold release and light massage. You'll sleep deeply and equipped again wake up.

**BASISOLIE** you can add essential oils what you need beneficial result.

this massage oil, built up with cold-pressed oils and refined oils, is a perfect base for a massage with essential oil. Good for mature skin and very dry skin. A true gem!

**Jojoba oil**; Latin name: Buxus Chinensis country of origin: South California Winning: KP

Jojoba oil is an oil that is not quickly rans and if property has to be inflammation inhibitory, therefore this oil good to bet if you're dealing with skin problems such as psoriasis and eczema. Jojoba helps a scar to heal well and naturally has a Sun factor 4, a fine oil to process in a day cream.

## Prices:

Roll-on* 10 ml	€ 11,00	5 ml	€ 6,00		
Essences 10 ml	€ 14,00	5 ml	€ 9,00	2 ml	€ 4,50
Auraspray 50 ml	€ 14,00	10 ml	€ 6,00	5 ml	€ 3,50
Boeddha spray 50 ml	€ 14,50	10 ml	€ 6,00	5 ml	€ 3,50
Clean energy spray 100 ml	€ 16,00	50 ml	€ 9,50	10 ml	€ 2,95
Massageolie starting from 100 ml	€ 6,75	There can be added essences a			€ 1,50 a ml
Sesamolie starting from 100 ml	€ 6,00	same			
Jojoba olie starting from 100 ml	€ 12,75	same			
Oil for feet 10 ml incl. essence	€ 5,00				

\* essence / spray / oil can be made even more powerful and personally by additions and combinations!

By various possibilities essences to mix with Sesame or base oil I can creates a personal massage oil!

Treatment with footbath + essence + Footmassage / chakra's + Reiki / Magnetiseren + bottle essence !!!  
€ 35,00 In group - Workshop minimum 6 people € 25,00 P.P.

**Alexandra Langeveld**

**Your Balance Coach:**

**Contact info:**

**Tel: 0034 657 939 635**

**e-mail: info@jouwbalanscoach.nl**

**Internet: www.jouwbalanscoach.nl**

**Facebook: Jouw Balans Coach**

**+ Dans je in balans met Chakradance**